

Celebrate the Time We Had With Loved One

By Louise Lagerman

Don't cry because it's over, smile because it happened – Dr. Seuss

I love this quote and I will try my best everyday to live this although some days it is challenging. Some days it takes great effort.

Every day I wake up anew and tell myself today I am going to rejoice today; I am going to celebrate that I had 23 wonderful years with my daughter, and when I feel the sadness and the despondency of her loss start to overtake me, I try to remember none of us here is guaranteed any amount of time on this earth so I am going to try and live this quote and not feel sorrow that I only had 23 years with my daughter.

I will feel, rather, blessed and thankful that I did have 23 magnificent years with my daughter and I will always keep those years in my heart.

At least for today, I am going to rejoice in the memories, the beautiful wonderful memories, of my child, the beautiful amazing memories of my heart.

Taken from <http://opentohope.com>